

# Tama County Conservation Educational Programming Guide

Tama County, IA | Updated June 2023 |rgenaw@tamacounty.org |641-484-2231

#### Table of Contents

General programming information	2
Scheduling	2
Programming sites	2
Additional program offerings	3
Contact	3
Outdoor activities-all ages	4
Pre-K Programming	5
Early Elementary Programming (K-2 <sup>nd</sup> )	7
Elementary Programming (3 <sup>rd</sup> -5 <sup>th</sup> )	9
Middle School Programming (6 <sup>th</sup> -8 <sup>th</sup> )	12
High School Programming (9 <sup>th</sup> -12 <sup>th</sup> )	15
Adult Programming (Ages 16+)	18

### General programming information

There is NO FEE for our programming! Naturalists are available to come program at your site (a school, community center, business, etc.) or provide on-site programming at Tama County parks. Any group in Tama County is eligible for free programming!

#### Scheduling

Program availability depends on staff availability. Programs are generally scheduled at least a month in advance, though this is not a requirement.

When scheduling a program, please let us know:

- Preferred date(s) and time(s)
- Preferred location
- Name or description of programs you are interested in
- Number of people in group
- Number of groups (example: classes, teams, clubs, etc.)
- Arrival and departure
- Any other information on scheduling (example: lunch times, transition times, tentative schedule if available)
- Primary contact's name and contact information

To schedule a program, please call 641-484-2231 or email <u>rgenaw@tamacounty.org</u>.

#### Programming sites

Primary programming sites include Otter Creek Lake and Park (including nature center), TF Clark Park, Ike's Range, and Wolf Creek Trail. All Tama County parks may be used for programming purposes. For more information on sites and facilities, please go to https://www.mycountyparks.com/county/Tama.aspx. Additional programming sites include schools, libraries, community centers, senior centers, festivals, and more.

#### Additional program offerings

Below is a non-comprehensive list of program offerings. Feel free to choose your own adventure! If you have an idea for a program that is not included on this list, please reach out. We will tailor our programming to meet your needs!

Programs are most commonly offered for summer camps and school groups, but any group can request a program!

#### Contact

For all programming inquiries, please email <u>rgenaw@tamacounty.org</u> or call 641-484-2231.

For information on public programming, please see the Tama County Conservation Facebook page for schedules & updates.

## Outdoor activities-all ages

Build your outdoor skills with these activities.

Nature exploration hike	Go on a hike to observe nature. Pick the naturalist's brain with
	questions about what you see. This program is a self-guided learning
	experience and will vary depending on the group's interests.
Birding	Learn to use binoculars and observe birds in their natural habitat.
	May include ID guides and bird calls upon request.
Canoeing	Life jackets, paddles, and canoes provided.
Fishing	All supplies provided.
Pond exploration	Use dip nets and jars to explore pond life. Learn about
	macroinvertebrates and how we can use them to determine water
	health.
GPS and Geocaching	Explore geocaching, an outdoor game of hide-and-seek. Can include
	an outdoor puzzle race or searching for geocaches in the park.
Wilderness first aid	Learn basic first aid and wilderness safety
Foraging	Learn how to get food and medicine straight from the forest

#### Pre-K Programming

Pre-K programming focuses on developing interest and curiosity for the natural world. While fun facts will be included in programming, the main purpose of each experience is to build curiosity and confidence in nature exploration.

РГе-К*	*Programs can include reading a story book and/or craft on request!
Pet-a-Pelt	Learn about Iowa's animals through touching their skins. Includes a
	short talk about some of Iowa's animals.
Cool Cockroaches	Learn about bugs with some live cockroaches! Participants will get to
	touch and hold cockroaches, as well as learn some fun facts about
	them.
Funky Frogs	Learn about frogs with a live bullfrog.
Fun Fish	Learn about what fish eat and where they live with a live fish.
Winter animals	Learn about how animals stay warm & hidden in winter. Includes use
	of pelts for demonstration purposes.
Bird Buffet	Learn about birds and what they eat. Make a simple pinecone
	birdfeeder. (Note: inform naturalist of any nut allergies so that safe
	materials can be used for the feeders!)
Wild about Worms	Learn about worms and why they're important! Feel some live worms
	and observe them together.
Turtle Time	Meet some of our live turtles. Learn about what they eat and how we
	can help them thrive in nature.
Slithering Snakes	Meet a live snake and learn about why snakes in Iowa are (mostly) not
	dangerous.
Mud painting	Paint with mud and learn why mud is important for plant life
Rainbow hike	Go on an observational hike to look for something in every color of
	the rainbow!
5 Senses of Nature	Use all 5 senses to observe nature together.

*Pre-K*\* \***Programs can include reading a story book and/or craft on request!** 

Talk Turkey	Learn about turkeys through turkey calls, feathers, feet, and more.
	Great for fall.
Owls of the Night	Learn about owl adaptations with wings, feet, and bones.
Backyard Birds	Learn about common lowa birds with feathers, eggs, nests, and more.

## Early Elementary Programming (K-2<sup>nd</sup>)

*Programs can include reading a story book and/or craft on request!
How many bugs can we catch? Grab some nets & jars and explore
Iowa's vast array of insects.
Learn about how animals stay warm & hidden in winter. Includes use of
pelts for demonstration purposes.
Learn about different animal signs like tracks and scat. Take a hike or
walk to search for animal signs.
Learn about worms and why they're important! Feel some live worms
and observe them together.
Meet a live snake and learn about why snakes in Iowa are (mostly) not
dangerous.
Learn about what fish eat and where they live with a live fish.
Learn about bugs with some live cockroaches! Participants will get to
touch and hold cockroaches, as well as learn some fun facts about
them.
Meet some of our live turtles. Learn about what they eat and how we
can help them thrive in nature.
Learn about frogs with a live bullfrog.
Paint with mud and learn why mud is important for plant life
Go on an observational hike to look for something in every color of the
rainbow!
Learn about birds and what they eat. Make a simple pinecone
birdfeeder. (Note: inform naturalist of any nut allergies so that safe
materials can be used for the feeders!)

Pet-a-Pelt	Learn about Iowa's animals through touching their skins. Includes a
	short talk about some of Iowa's animals.
Batty for bats	Learn about bats and why they're important. Play an echolocation
	game.
Build a Bird's Nest	Learn about how birds make their nests and the materials they use.
	Build your own nest using materials in nature.
5 Senses of Nature	Use all 5 senses to observe nature together.
Artist-Tree	Make art through bark rubbings and leaf rubbings while learning to
	identify common lowa trees.
Talk Turkey	Learn about turkeys through turkey calls, feathers, feet, and more.
	Great for fall.
Owls of the Night	Learn about owl adaptations with wings, feet, and bones.
Backyard Birds	Learn about common Iowa birds with feathers, eggs, nests, and more.

# Elementary Programming (3<sup>rd</sup>-5<sup>th</sup>)

Elementary: 3 <sup>rd</sup> -5 <sup>th</sup> Grade**	**Programs can include a craft or art activity on request!
Decomposers	Learn about how nature "recycles" everything from dead leaves to
	bones. May include an observational hike and animal encounter with
	hissing cockroaches.
Food chains (AKA Riparian	Who eats who? Learn about predator-prey relationships with a fun
ecosystems)	game! If at Tama County Nature Center, tour our exhibit on Riparian
	ecosystems.
Junior Paleontologists	Learn about and touch some real-life fossils including a wooly
	mammoth vertebra, megalodon teeth, a dinosaur bone, and more!
	Practice your paleontology skills by extracting a "fossil" (dinosaur
	figure) from a "rock" (hardened clay).
Bug Bonanza	How many bugs can we catch? Grab some nets & jars and explore
	Iowa's vast array of insects.
Orienteering	Learn about map reading and how to use a compass.
Wild about Worms	Learn about worms and composting! Feel some live worms and observe
	them together.
Campfire cooking	Make a meal together at a campfire. May include bread on a stick,
	smores, pasta dishes, soups, stews, and more. All main dish recipes are
	requested to be vegetarian. Pairs well with survival skills & fire starting.
Pollination exploration	Learn what a pollinator is and why they're important. Includes a
	demonstrative pollinator game. Pairs well with Bug Bonanza.
Owl Prowl	Learn the sounds and signs of owls. Go on a night hike to test your
	observation skills and search for owls.
Aquaponics	Learn about our aquaponics system and how it works.
Survival skills & fire starting	Learn some basic survival skills and how to make a fire. Pairs well with
	shelter building and campfire cooking.

Slithering Snakes	Meet a live snake and learn about why snakes in Iowa are (mostly) not
	dangerous.
Fun Fish	Learn about what fish eat and where they live with a live fish.
Cool Cockroaches	Learn about bugs with some live cockroaches! Participants will get to
	touch and hold cockroaches, as well as learn some fun facts about
	them.
Turtle Time	Meet some of our live turtles. Learn about what they eat and how we
	can help them thrive in nature.
Funky Frogs	Learn about frogs with a live bullfrog.
Skulls & bones	Check out the bones of Iowa animals. Compare differences and
	similarities between skulls and learn about some adaptations.
Camouflage	Discuss how animals hide and their adaptations for camouflage. Play a
	camouflage game (like hide and seek).
Bird Beaks	Learn about different bird beak adaptations and specializations. Play a
	bird beak game using differently shaped utensils to scoop up "food"
	items. Discuss which shapes were better for different food types and
	how that relates to birds.
Batty for bats	Learn about bats and why they're important. Play an echolocation
	game.
Build a Birdhouse	Build birdhouses and learn about some common Iowa birds. Pairs well
	with birding.
Build a Bat House	Learn about bats & why we need them. Make a bat house.
Tree-ific Trees	Learn about why trees are important through a tree scavenger hunt.
	Look for bird nests, acorns, galls, and more. Discuss why these things
	are important
Owl Pellets	Learn about owls and dissect owl pellets
Build a Bird's Nest	Learn about how birds make their nests and the materials they use.
	Build your own nest using materials in nature.

Build a Beaver Dam	Be an engineer for a day! Make a beaver dam and see how well it can
	stand up to water.
Musical Trees	Learn about how deforestation impacts animals by playing musical
	trees. Students will realize that when we remove trees due to logging,
	storm damage, illness, etc., animal homes are destroyed.
Weather Watching	Learn about different types of clouds and how we can use them to
	predict weather
Artist-Tree	Make art through bark rubbings and leaf rubbings while learning to
	identify common lowa trees.
Talk Turkey	Learn about turkeys through turkey calls, feathers, feet, and more.
	Great for fall.
Enviroscape	Learn about erosion and how human activities affect land, water, and
	natural resources using an Enviroscape model.
Flower dissection	Learn basic flower anatomy and how plants reproduce. Would pair well
	with Pollination exploration.
Bee Hotels	Make a hotel for bees and learn why bees are important.
Nature Poetry	Explore poetry about nature and get inspired by the outdoors. Develop
	your writing skills and share your creations as a group.
Tree dating detectives	How can we tell how old a tree is? Find out with a hands-on activity.
Tree ID hike	Use a guide to identify different types of trees at Otter Creek Lake and
	Park.
Owls of the Night	Learn about owl adaptations with wings, feet, and bones.
Calls of the Wild	Learn about animal sounds using bird calls.
Backyard Birds	Learn about common Iowa birds with feathers, eggs, nests, and more.

# Middle School Programming (6<sup>th</sup>-8<sup>th</sup>)

**Programs can include a craft or art activity on request!
Who eats who? Learn about predator-prey relationships with a fun
game! If at Tama County Nature Center, tour our exhibit on Riparian
ecosystems. Includes animal encounter with Madagascar hissing
cockroaches on request.
Learn about and touch some real-life fossils including a wooly
mammoth vertebra, megalodon teeth, a dinosaur bone, and more!
Practice your paleontology skills by extracting a "fossil" (dinosaur
figure) from a "rock" (hardened clay).
Learn about reusing and recycling materials and how this can be used
in art. Make paper using recycled material. The paper must dry, so this
will be a multi-day project.
Discuss animal adaptations and how they relate to their lifestyles. May
be focused on birds, bats, mammals, humans, etc.
Learn how to safely shoot a bow. All supplies provided.
Make a meal together at a campfire. May include bread on a stick,
smores, pasta dishes, soups, stews, and more. All main dish recipes are
requested to be vegetarian. Pairs well with survival skills & fire
starting.
Learn how to build a shelter in the wilderness. Discuss animal shelters
and how they keep animals safe.
Learn about map reading and how to use a compass.
Learn about worms and composting! Feel some live worms and
observe them together.

Pollination exploration	Learn what a pollinator is and why they're important. Includes a
	demonstrative pollinator game. Pairs well with Bug Bonanza.
Bug Bonanza	How many bugs can we catch? Grab some nets & jars and explore
	Iowa's vast array of insects.
Owl Prowl	Learn the sounds and signs of owls. Go on a night hike to test your
	observation skills and search for owls.
Survival skills & fire starting	Learn some basic survival skills and how to make a fire. Pairs well with
	shelter building and campfire cooking.
Wild about Worms	Learn about worms and why they're important! Feel some live worms
	and observe them together.
Slithering Snakes	Meet a live snake and learn about why snakes in Iowa are (mostly) not
	dangerous.
Fun Fish	Learn about what fish eat and where they live with a live fish.
Cool Cockroaches	Learn about bugs with some live cockroaches! Participants will get to
	touch and hold cockroaches, as well as learn some fun facts about
	them.
Turtle Time	Meet some of our live turtles. Learn about what they eat and how we
	can help them thrive in nature.
Funky Frogs	Learn about frogs with a live bullfrog.
Skulls & bones	Check out the bones of Iowa animals. Compare differences and
	similarities between skulls and learn about some adaptations.
Camouflage	Discuss how animals hide and their adaptations for camouflage. Play a
	camouflage game (like hide and seek).
Bird Beaks	Learn about different bird beak adaptations and specializations. Play a
	bird beak game using differently shaped utensils to scoop up "food"
	items. Discuss which shapes were better for different food types and
	how that relates to birds.
Build a Birdhouse	Build birdhouses and learn about some common Iowa birds. Pairs well
	with birding.

Build a Bat House	Learn about bats & why we need them. Make a bat house.
Owl Pellets	Learn about owls and dissect owl pellets
Aquaponics	Learn about our aquaponics system and how it works.
Secrets of the Soil	Learn about soil and why it's important. Use a soil testing kit to analyze
	soil samples.
Build a Beaver Dam	Be an engineer for a day! Make a beaver dam and see how well it can
	stand up to water.
Musical Trees	Learn about how deforestation impacts animals by playing musical
	trees. Students will realize that when we remove trees due to logging,
	storm damage, illness, etc., animal homes are destroyed.
Gyotaku fish printing	Make prints with a fish and discuss fish anatomy and shapes.
Bee Hotels	Make a hotel for bees and learn why bees are important.
Nature Poetry	Explore poetry about nature and get inspired by the outdoors. Develop
	your writing skills and share your creations as a group.
Meteorology	Learn about weather using a meteorology field kit. We can study
	rainfall, maximum/minimum temperature, wind speed and direction,
	humidity, barometric pressure, and cloud types.
Tree dating detectives	How can we tell how old a tree is? Find out with a hands-on activity.
Garbology	Learn about garbage, waste management, and waste reduction
	strategies. Discuss contemporary issues relating to garbology like the
	Pacific garbage patch.
Calls of the Wild	Learn about animal sounds using bird calls.
Backyard Birds	Learn about common lowa birds with feathers, eggs, nests, and more.

### High School Programming (9<sup>th</sup>-12<sup>th</sup>)

High school programming is focused on developing outdoor skills and having fun in nature with educational experiences. Through developing a love for the outdoors and wildlife, young adults may begin to show an interest in conservation and preserving the beauty of nature.

Nature relaxation	Spend some quiet relaxation time in nature. Be guided in relaxation
	techniques to better your mental health.
Paper making	Learn about reusing and recycling materials and how this can be
	used in art. Make paper using recycled material. The paper must dry,
	so this will be a multi-day project.
Campfire cooking	Make a meal together at a campfire. May include bread on a stick,
	smores, pasta dishes, soups, stews, and more. All main dish recipes
	are requested to be vegetarian. Pairs well with survival skills & fire
	starting.
Shelter building	Learn how to build a shelter in the wilderness. Discuss animal
	shelters and how they keep animals safe.
Orienteering	Learn about map reading and how to use a compass.
Archery	Learn how to safely shoot a bow. All supplies provided.
Foraging	Learn about useful Iowa plants. Snack on wild forageables as we
	hike.
Food chains (AKA Riparian	Who eats who? Learn about predator-prey relationships with a fun
ecosystems)	game! If at Tama County Nature Center, tour our exhibit on Riparian
	ecosystems. Includes animal encounter with Madagascar hissing
	cockroaches on request.
Survival skills & fire starting	Learn some basic survival skills and how to make a fire. Pairs well
	with shelter building and campfire cooking.

High School: 9<sup>th</sup>-12<sup>th</sup> Grade

Slithering Snakes	Meet a live snake and learn about why snakes in Iowa are (mostly)
	not dangerous.
Fun Fish	Learn about what fish eat and where they live with a live fish.
Cool Cockroaches	Learn about bugs with some live cockroaches! Participants will get to
	touch and hold cockroaches, as well as learn some fun facts about
	them.
Turtle Time	Meet some of our live turtles. Learn about what they eat and how
	we can help them thrive in nature.
Skulls & bones	Check out the bones of Iowa animals. Compare differences and
	similarities between skulls and learn about some adaptations.
Animal adaptations	Discuss animal adaptations and how they relate to their lifestyles.
	May be focused on birds, bats, mammals, humans, etc.
Build a Birdhouse	Build birdhouses and learn about some common Iowa birds. Pairs
	well with birding.
Build a Bat House	Learn about bats & why we need them. Make a bat house.
Entomology	Learn about insects and how to pin and preserve them. Practice
	pinning and preserving insects for the park collection.
Found object mosaics	Make mosaics using found objects like glass pieces, bottle caps, etc.
	May include sharp objects.
Aquaponics	Learn about our aquaponics system and how it works.
Secrets of the Soil	Learn about soil and why it's important. Use a soil testing kit to
	analyze soil samples.
Forestry	Learn about trees and how to measure them using forestry tools.
Gyotaku fish printing	Make prints with a fish and discuss fish anatomy and shapes.
Nature Poetry	Explore poetry about nature and get inspired by the outdoors.
	Develop your writing skills and share your creations as a group.
Meteorology	Learn about weather using a meteorology field kit. We can study
	rainfall, maximum/minimum temperature, wind speed and direction,
	humidity, barometric pressure, and cloud types.

Natural inks	Use plants, soil, and more to make your own natural inks. Be guided
	on a short hike to collect material and then process it. This is a multi-
	day project.
Garbology	Learn about garbage, waste management, and waste reduction
	strategies. Discuss contemporary issues relating to garbology like the
	Pacific garbage patch.
Soil Art	Use soil to make paintings. Introduces participants to the concept of
	eco art. Includes discussion of notable eco artists.
Crow Collections	Make a mixed-media collage using found objects. Learn about crows
	and their artistic habits.
Backyard Birds	Learn about common Iowa birds with feathers, eggs, nests, and
	more.

### Adult Programming (Ages 16+)

Adult programming is focused on enjoying nature through various outdoor activities and educational experiences.

Spend some quiet relaxation time in nature. Be guided in relaxation
techniques to better your mental health.
Learn about useful Iowa plants. Snack on wild forageables as we
hike.
Use plants, soil, and more to make your own natural inks. Be guided
on a short hike to collect material and then process it. This is a
multi-day project.
Learn about reusing and recycling materials and how this can be
used in art. Make paper using recycled material. The paper must
dry, so this will be a multi-day project.
Make a meal together at a campfire. May include bread on a stick,
smores, pasta dishes, soups, stews, and more. All main dish recipes
are requested to be vegetarian.
Meet a live snake and learn about why snakes in Iowa are (mostly)
not dangerous.
Learn about what fish eat and where they live with a live fish.
Learn about bugs with some live cockroaches! Participants will get
to touch and hold cockroaches, as well as learn some fun facts
about them.
Meet some of our live turtles. Learn about what they eat and how
we can help them thrive in nature.

Adult

Pollinator Gardens 101	Learn about why pollinators are important and show to use
	beneficial native plants to attract pollinators
Fossil Finds	Check out our fossil collection and learn about ancient life.
Meteorology	Learn about weather using a meteorology field kit. We can study
	rainfall, maximum/minimum temperature, wind speed and
	direction, humidity, barometric pressure, and cloud types.
Forestry	Learn about trees and how to measure them using forestry tools.
Entomology	Learn about insects and how to pin and preserve them. Practice
	pinning and preserving insects for the park collection.
Found object mosaics	Make mosaics using found objects like glass pieces, bottle caps, etc.
	May include sharp objects.
Aquaponics	Learn about our aquaponics system and how it works.
Build a Birdhouse	Build birdhouses and learn about some common Iowa birds. Pairs
	well with birding.
Build a Bat House	Learn about bats & why we need them. Make a bat house.
Gyotaku fish printing	Make prints with a fish and discuss fish anatomy and shapes.
Archery	Learn how to safely shoot a bow. All supplies provided.
Garbology	Learn about garbage, waste management, and waste reduction
	strategies. Discuss contemporary issues relating to garbology like
	the Pacific garbage patch.
Soil Art	Use soil to make paintings. Introduces participants to the concept of
	eco art. Includes discussion of notable eco artists.
Crow Collections	Make a mixed-media collage using found objects. Learn about crows
	and their artistic habits.
Backyard Birds	Learn about common Iowa birds with feathers, eggs, nests, and
	more.
Nature Poetry	Explore poetry about nature and get inspired by the outdoors.
	Develop your writing skills and share your creations as a group.