WHEP Lesson 2: Birds

Prairie Birds				
Bird	Diet	Water	Cover	Other
Blue-winged teal (pg. 82)	aquatic vegetation, seeds and aquatic insects; feeding primarily confined to wetlands	relatively shallow wetlands required for brood rearing, feeding, and loafing	dense native grass cover used for nesting; brooding cover consists of a mix of open water and emergent vegetation	PSM 25538 Wing detail
Dickcissel (pg. 92)	insects and grass seeds are eaten year- round; agricultural crops are eaten more during migration and on wintering grounds	water obtained from food	early successional areas with a mixture of grasses and forbs and scattered shrubs; grain fields frequented during winter	
Grasshopper Sparrow (pg. 103)	diet shifts dramatically through the year; in spring and summer (breeding season) insects comprise 60 percent of the diet; not surprisingly, given the bird's name, grasshoppers account for 30 to 40 percent of the diet during this time; during fall and winter, diet shifts to 70 percent seeds	water requirements are unknown but probably obtained through diet	Perennial grasses and forbs are used for escape and nesting cover; nest on the ground, usually in overhanging native warm- season grasses	
Greater Prairie Chicken (pg. 105)	seeds, grains, insects and herbaceous greens; during the first few weeks after hatching, the young eat insects	water is obtained from diet	thick, tall grass cover is used for nesting and winter cover; if not periodically disturbed, grasses often become too thick and are less valuable for nesting cover	

Mourning Dove (pg. 120)	a variety of grass and forb seeds, as well as several agricultural grains; small areas of bare ground are beneficial for obtaining grit (small gravel) to help digest food	freestanding water required daily	shrubs and trees are used for nesting and loafing; areas with open ground space required for foraging	Also found in deciduous forest
Northern Bobwhite (pg. 121-122)	young quail eat insects and other invertebrates (such as spiders); adult quail eat a variety of seeds (especially legumes, ragweed, crotons, lespedeza, etc.), green vegetation (mostly forbs), invertebrates, various crops (corn, soybeans, wheat, grain sorghum), and mast (such as acorns and blackberries)	Obtained through diet	shrub cover for escape and thermoregulation throughout the year; forbs and grasses for nesting; native forbs for brood rearing	Also found in deciduous forest
Northern Harrier (pg. 125)	small mammals, especially rodents, but also rabbits, songbirds, and sometimes ducks	Obtained through diet	large, undisturbed grasslands and emergent wetlands	
Ring-necked Pheasant (pg. 137)	various seeds, grains, grasses, leaves, fruits, and nuts; grains are used heavily in agricultural areas; insects constitute an important food item for females during the breeding season and young pheasants during the first several weeks after hatching	Obtained through diet	dense residual grass and forb cover for nesting and escape; shrubs and trees may be used for roosting; dense cattails adjacent to and within wetlands	

Urban Birds				
Bird	Diet	Water	Cover	Other
American Robin (pg. 74)	insects and worms during spring and summer; soft mast from shrubs and trees in winter; seldom use artificial feeders	require water daily in warm seasons; obtain water from low-lying areas, ponds, and rain- filled gutters	shrubs, evergreen trees, and deciduous trees used for nesting and escape; evergreen trees often used for early nests	
Eastern Bluebird (pg. 94)	insects, especially grasshoppers, crickets, adult beetles and larvae, as well as other invertebrates, such as spiders; various fruits, such as black cherry, sumac, blueberry, blackberry, blackgum, hollies, dogwoods, pokeweed, and hackberry	necessary water obtained from diet, but may use free-standing water when available	nest in cavities of trees and fence posts	
Common Nighthawk (pg. 89)	flying insects, including flying ants, mosquitoes, moths, and June bugs	obtain ample water from diet, but water sources attract insects, which provide food for nighthawks	riparian areas, ridge tops, flat rooftops, and other places with numerous sand and gravel areas are favorite nesting locations	
European Starling (pg. 96)	insects, soft mast, seeds, earthworms, grain, human garbage, and even dog and cat food	require freestanding water during warm seasons	nest in tree cavities, old buildings	

House Finch (pg. 109)	soft mast, buds, and weed seeds; in the warm season, house finches eat some insects	free-standing water is needed daily in the warm season	nest 5 feet to 7 feet aboveground on low branches of trees, branches of bushes, in natural cavities, old holes excavated by woodpeckers, and any projection or ledge they can find on houses and buildings	
House Sparrow (pg. 110)	variety of insects, soft mast, buds, forbs, weed seeds, and waste grain	free-standing water is required daily in warm seasons	nest in natural cavities, low branches of trees, and bushes 5 feet to 7 feet aboveground, and on any projection or ledge they can find on buildings or other structures	
House Wren (pg. 111)	spiders, grasshoppers, crickets, beetles, caterpillars, ants, bees, ticks, earthworms, and millipedes; artificial feeders are usually not used	necessary water is obtained from the diet	nest in natural cavities in trees old buildings and other structures	
Northern Flicker (pg. 123) Female Male	ants are a favorite food and make up about 50 percent of the diet; seeds, soft mast, and earthworms are also eaten; flickers are partial to poison ivy fruit and may use artificial feeders	daily water requirements unknown; sufficient water is probably obtained from diet	tree cavities are used for nesting; old, mature trees that show signs of senescence (old age) or decay are often used; softwood trees, such as yellow poplar, cottonwood, and willow, are preferred; flickers will nest in posts, holes in banks, and holes in houses and structures where trees are unavailable	

Peregrine Falcon (pg. 129)	mostly birds, but also bats, which falcons catch during flight	requirements largely unknown; likely obtain water needs from foods they consume	require tall cliffs, buildings, and other tall structures for nesting and perching
Rock Pigeon (pg. 138)	waste grain and weed seeds; in urban areas, rock pigeons commonly eat human handouts	free-standing water is required frequently during warm seasons	barn lofts, window ledges, rooftops, bridges, and a variety of other structures
Ruby-throated Hummingbird (pg. 139)	nectar from flowers and insects found on flowers	necessary water obtained from diet	trees and shrubs for nesting; flowers for feeding
Song Sparrow (pg. 144)	weed seeds, insects, soft mast	freestanding water is required frequently during the warm seasons	thick shrubs and herbaceous cover for nesting, loafing, and escape

Wetland Birds				
Bird	Diet	Water	Cover	Other
American Bittern (pg. 71)	fish, amphibians, snakes, insects, and crustaceans	obtained from food	dense emergent wetland vegetation, such as reeds, cattails, or sedges; nest is built in dense cover a few inches above shallow water; water depth should be maintained at less than 2 inches throughout the year	
Canada Goose (pg. 88)	variety of forbs and grasses, grains, and some aquatic insects	relatively open water wetlands, ponds, and lakes are used for brood rearing, feeding, and loafing	nest in a variety of places, such as mats of bulrushes, tops of muskrat houses, and most of all, in relatively thick cover on islands, usually within 200 feet of the water's edge	
Mallard (pg. 117)	aquatic plants, insects and other invertebrates, hard mast (especially acorns), grains and other seed are primary components in the diet; ducklings eat mostly aquatic insects	see cover requirements	nest in grass and forbs and sometimes in shrub cover, preferably within one-half mile of a wetland that provides open water with some emergent aquatic vegetation; brooding cover is open water with considerable emergent aquatic vegetation for protection from predators; ideally, wetlands have a minimum of 50 percent open water and 10 to 20 percent emergent vegetation; in wintering areas, mallards often loaf on more open water, such as warm-water sloughs, streams, rivers, and flooded fields	
Northern Pintail (pg. 126)	aquatic plant seeds and rhizomes; grain and other seeds found in fields; aquatic insects, mollusks and crustaceans	water is obtained through diet	open freshwater wetlands and intertidal marshes	

Redhead (pg. 136)	chicks primarily eat aquatic invertebrates (mollusks, snails, crustaceans) during late spring and early summer; during the rest of the year, redheads eat aquatic plants, such as pondweeds, muskgrass, bulrush seeds, wild celery, water lily seeds, and coontail	obtained in diet	during spring and summer, dense emergent vegetation for nesting; open-water wetlands are used for loafing and foraging; wetlands with a mosaic of open water with submerged and emergent aquatic vegetation are used for foraging	
Spotted Sandpiper (pg. 147)	flies and their aquatic larvae (midges), grasshoppers, beetles, worms, snails, small crustaceans	acquire necessary water while foraging and from diet	shallow, freshwater wetlands and mudflats; sometimes dense herbaceous vegetation for nesting	
Virginia Rail (pg. 149)	insects, aquatic invertebrates, snails, small fish, and small amphibians; some seeds and plant material in fall and winter	obtained from food	moderately dense wetland vegetation, such as cattails, sedges, rushes, smartweeds, and other plants are used for cover; nests are woven into vegetation over shallow water and may have a canopy over them	
Wilson's Snipe (pg. 156)	invertebrates (insects and larvae)	obtained through diet	bogs, fens, swamps, and marshy, vegetated edges of ponds, rivers, and streams are used for courtship and nesting; areas with moist soil or mud for insect probing (such as wet fields, marshy edges of water bodies, and exposed muddy banks or sandbars) are used for foraging	

1.	DUCKS	Prairie Bir
	a. Generally nest	0
	2. Need water source	0
	3. How does bill shape affect feeding?	О
		О
		О
		О
	4. Diet: aquatic plants, seeds and sometimes grains or hard mast, insects	О
	5. Webbed feet used for	О
		О
6.	SONGBIRDS: pigeons, wrens, sparrows, robins, bluebirds, etc	
	a. Generally nest in trees, rooftops, hollows, birdhouses	Urban Bir
	b. Beak shape, size shows food source	О
	i. Can songbirds eat squirrels?	О
		О
	c. Diet: Seeds, insects, soft mast	О
	d. Water source: is it always needed?	О
		О
	e. Feet: grip on to	О
		О
7.	RAPTORS: hawks, owls, falcons, eagles	О
	a. Generally nest in trees, ledges	0
	b. Knifelike	О
	i. Do they eat seeds?	0
	ii.	
	c. Diet: Mammals, rodents, birds, insects, fish	Wetland b
	d. Feet & talons: why are they important?	0
		0
8.	How are prairie birds alike?	0
		0
		0
		0
9.	How are urban birds alike?	0
		0
10	. How are wetland birds alike?	

Prairie Birds

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