

HOTLINES

Poison Control

Iowa Poison Control 1-800-222-1222

Optometrists

Eye Care Associates, Toledo (641) 484-5509
Wolfe Clinic, Toledo (641) 484-2020

Pharmacies

Gladbrook Family Pharmacy (641) 473-0066
Medicap, Toledo (641) 484-6198
HyVee Pharmacy, Toledo (641) 481-1045
NuCara Pharmacy, Traer (319) 478-8711

Preschools and Childcare Centers

Crayon Corner (Gladbrook) (641) 473-2122
Head Start – MICA (641) 484-4713
Kids Corner (Toledo) (641) 484-5333
Little Knights Learning Center (319) 476-2226
Pied Piper (Traer) (319) 478-2310
Meskwaki Settlement School (641) 484-4990
South Tama Schools (641) 484-3999

Respite Care

Premier Estates (Toledo) (641) 484-5080
Sunrise Hill (Traer) (319) 478-2730
Tama County Public Health & Home Care (641) 484-4788

Sanitary Landfill

Tama County (641) 484-5061

Senior Services

Northeast IA Area Agency on Aging (NEI3A) 1-877-538-0508
Meskwaki Senior Services (641) 484-3888

Tax Preparation Services

Volunteer Income Tax Preparation (641) 484-2703

Transportation

People Rides 1-888- 616-4298
OR (641)752-6202
Veterans Affairs (641) 484-3160

Iowa Concern Line

1-800-447-1985

Dependent Adult/Child Abuse Reporting

1-800- 362-2178

Access Assault Care Center

(515) 292-0500

Iowa's Drug & Alcohol Help Line

1-866-242-4111

Iowa Gambling Addiction

1-800-BETS-OFF

Quitline Iowa

(Smoking)

1-800-784-8669

National Center for Missing & Exploited Children

1-800-843-5678

First Nurse

Marshalltown (641) 754-6877

Agency on Aging

Northeast IA Area Agency on Aging (NEI3A) 1-877-538-0508
2101 Kimball Avenue, Suite 320, Waterloo, IA 50702

Center for Independent Living

Central IA Center for Independent Living (515) 243-1742
100 E Euclid Avenue, Des Moines, IA 50313

Protection & Advocacy Agency

Disability Rights IOWA 1-800-779-2502
400 E Court Ave, Suite 300, Des Moines, IA 50309

Aging and Disability Resource Center

Aging Resources of Central Iowa 1-800-747-5352
5835 Grand Ave., Suite 106, Des Moines, IA 50312

Quality Improvement Organization

KEPRO Area 4 1-855-408-8557
5201 W. Kennedy Blvd., Suite 900, Tampa, FL 33609

Tama County Family Services Directory



Public Health
Prevent. Promote. Protect.

Compliments of:
**Tama County Public Health
& Home Care**
129 West High Street
Toledo, IA 52342

Care Centers

Premier Estates, Toledo (641) 484-5080
Sunny Hill Care Center, Toledo (641) 484-4061
Sunrise Hill Care and Rehab Center, Traer
(319) 478-2730
Westbrook Acres, Gladbrook (641) 473-2016

Chiropractors

Dori Ann Rammelsberg, Chiropractor (319) 476-4567
Shanahan Family Chiropractic Clinic, Toledo
(641) 484-3740
Twin City Chiropractic Clinic, Tama (641) 484-8600
Traer Chiropractic Clinic (319) 478-8515
Wildflower Family Chiropractic (641) 484-5588

Dentists

Primary Health Dental, Marshalltown (641) 844-6230
Pipho Family Dentistry (319) 476-4110

Disabilities (Persons With)

Early Access/AEA 267 (641) 753-3564
Tama County Case Management (641) 484-6250

Drivers License

Department of Transportation
Tama County Treasurer's Office (641) 484-3141

Drug & Alcohol Services

Alcoholics Anonymous (641) 691-1989
Mercy One/Horizon's (319) 272-2873
Meskwaki Alcohol & Drug Abuse Center
(641) 484-6028
Sedlacek Treatment Center-Linn County
(319) 398-6226
Substance Abuse Treatment
Unit of Central Iowa (SATUCI) (641) 484-2222

Economic Development

Tama County (641) 484-3108

Education & Training

Green Mountain Garwin Schools (GMG)
(641) 499-2239
North Tama Community Schools (319) 478-2265
South Tama Community Schools (641) 484-4811
Union Middle School - Dysart (319) 476-5100
STC Partnership Center (641) 484-3085
Meskwaki Settlement School (641) 484-4990
Meskwaki Higher Education Program (641) 484-3157
ISU Extension (641) 484-2703

Employment Services

Iowa Works (641) 754-1400

Food, Clothing, Shelter, Financial

American Red Cross 1-877-792-3808
Child Support Recovery (641) 753-6408
Clothes Closet – South Tama (641) 484-3147
County Social Services (641) 251-1043
Department of Human Services-Benton
1-888-480-0062

Food Stamps - Dept. of Human Services

1-888-480-0062
General Relief/Veteran Affairs (641) 484-3160
Low Rent Housing (641) 754-5756
Mid-Iowa Community Action (641) 484-4713
Salvation Army (641) 484-2980
Social Security Administration 1-800-772-1213
Zion Lutheran Church (319) 476-5590

Food Assistance

NE Tama County Food Pantry
(319) 476-3583
NW Tama County Food Pantry
(641) 473-2025
Little Free Pantries
Located in: Chelsea, Clutier, Garwin, Gladbrook, Tama
Toledo, and Traer
Mobile Food Pantry (641) 484-2204
NEI3A - Meals on Wheels (641) 484-3839
Meskwaki Senior Services (641) 484-3888
South Tama County Food Pantry NO PHONE
WIC (Women, Infants & Children) 1-800-390-5293

Health Care

Mercy One Clinic (Dysart) (319) 476-4000
Mercy One Clinic (Traer) (319) 478-8198
Mercy Care, Tama (641) 484-3333
Unity Point Health Family Medicine (641) 484-5445
Meskwaki Health Clinic (641) 484-4094
Primary Health Clinic, Marshalltown (641) 753-4021

Home Health Care

Tama County Public Health & Home Care
(641) 484-4788

Hospice

Cedar Valley Hospice (319) 824-3868
Unity Point Grinnell Regional Medical Center
Hospice (641) 236-2418
Iowa River Hospice, Marshalltown (641) 753-7704

Legal & Court Services

Mid-Iowa Community Action 1-800-332-0419
Tama County Attorney (641) 484-3020

Maternal Health/Child Health Care

Tama County Public Health & Home Care
Maternal/Child Health/Immunization (641) 484-4788

Medical Suppliers

American Home Patient 1-800-772-2758
Excel Medical (641) 753-9551
NuCara Home Medical (641) 366-2441
Care Pro 1-800-755-6997
LinCare (641) 236-1608
Tama County Loan Closet (641) 484-4788

Mental Health & Family Counseling

Catholic Charities 1-800-772-2758
Center Associates (can call 24/7) (641) 484-5234
Pathways Behavioral Service (319) 235-6571
